

## What can acupuncture treat?

Acupuncture is a safe, effective and non-invasive form of medicine that can treat a wide variety of disorders. The National Institutes of Health (<http://www.nih.gov/>) and World Health Organization (<http://www.who.int/en/>) recognize that acupuncture and Traditional Chinese Medicine are effective in treating dozens of health conditions, which include:

- Arthritis
- Asthma
- Bronchitis
- Carpal Tunnel
- Chronic Fatigue
- Colitis
- Common Cold
- Constipation
- Depression
- Diarrhea
- Digestive Trouble
- Emotional Problems
- Fatigue
- Fertility
- Fibromyalgia
- Headache
- Indigestion
- Irritable Bowel
- Low Back Pain
- Menopause
- Menstrual Irregularities
- Migraine
- Morning Sickness
- Osteoarthritis
- Pain
- PMS
- Sciatica
- Sinusitis
- Sleep Disturbances
- Sore Throat
- Stress
- Tennis Elbow